



English as an Additional Language

Consonant and Vowel Digraphs

Panjabi

ਮਾਪਿਆਂ ਅਤੇ ਦੇਖਭਾਲ ਕਰਨ ਵਾਲੇ ਲੋਕਾਂ ਲਈ ਇਸ ਆਡੀਓ ਵਸੀਲੇ ਦੀ ਵਰਤੋਂ ਕਰਨ ਦੇ ਤਰੀਕੇ ਬਾਰੇ ਹਦਾਇਤਾਂ

ਭੂਮਿਕਾ - ਟ੍ਰੈਕ 1

ਇਹ ਸਿੱਖਣ ਨਾਲ ਕਿ ਕਈ ਵਾਰੀ ਦੇ ਜਾਂ ਤਿੰਨ ਅੱਖਰ ਇਕੱਠੇ ਮਿਲ ਕੇ ਇੱਕ ਧੁਨੀ ਬਣਾਉਂਦੇ ਹਨ, ਤੁਹਾਡੇ ਬੱਚੇ ਨੂੰ ਪੜ੍ਹਨ ਅਤੇ ਲਿਖਣ ਵਿੱਚ ਮਦਦ ਮਿਲੇਗੀ।

ਇਸ ਵਸੀਲੇ ਦੀ ਵਰਤੋਂ ਲਈ ਆਪਣੇ ਬੱਚੇ ਦੇ ਨਾਲ ਕੋਈ ਇਕਾਂਤ ਵਾਲੀ ਥਾਂ ਲੱਭੋ।

ਉਸ ਦੇ ਨਾਲ ਜੁੜ ਕੇ ਬੈਠੋ ਤਾਂ ਜੋ ਤੁਸੀਂ ਦੋਵੇਂ, ਆਡੀਓ ਨੂੰ ਸੁਣਨ ਦੇ ਨਾਲ ਨਾਲ, ਕਿਤਾਬ ਵੀ ਵੇਖ ਸਕੋ।

ਹਰ ਸ਼੍ਰੇਣੀ ਜਾਂ ਵਿਅੰਜਨ ਦੇ ਮਿਸ਼੍ਰਣ ਜਾਂ ਡਾਇਆਗ੍ਰਾਫ ਲਈ ਇੱਕ ਵੱਖਰਾ ਸਫਾ ਹੈ।

ਜਦ ਤੁਸੀਂ ਕਿਸੇ ਸਫੇ ਨੂੰ ਦੇਖੋਗੇ, ਉਸੇ ਸਮੇਂ ਤੁਸੀਂ ਬੋਲਿਆ ਹੋਇਆ ਮਿਸ਼੍ਰਣ ਜਾਂ ਡਾਇਆਗ੍ਰਾਫ ਵੀ ਸੁਣੋਗੇ।

ਤੁਸੀਂ ਉਸ ਧੁਨੀ ਵਾਲੇ ਕੁਝ ਸ਼ਬਦਾਂ ਦੀਆਂ ਉਦਾਹਰਨਾਂ ਵੇਖੋਗੇ।

ਧੁਨੀ ਨੂੰ ਸੁਣੋ ਅਤੇ ਫੇਰ ਆਪਣੇ ਬੱਚੇ ਦੇ ਨਾਲ ਉਸ ਨੂੰ ਬੋਲੋ।

ਹੁਣ ਥੋੜਾ ਰੁੱਕੋ।

ਬੱਚੇ ਨੂੰ ਅੱਖਰਾਂ ਦੇ ਉੱਪਰ ਟ੍ਰੇਸ ਕਰਨ ਦਿਉ ਜਿਸਦੇ ਲਈ ਉਸਨੇ ਬਿੰਦੂ ਤੋਂ ਸ਼ੁਰੂ ਕਰਕੇ ਤੀਰ ਦੀ ਦਿਸ਼ਾ ਵਿੱਚ ਜਾਣਾ ਹੈ। ਧੁਨੀ ਅਤੇ ਤਸਵੀਰਾਂ ਦੇ ਨਾਂਵਾਂ ਨੂੰ ਦੁਹਰਾਉ।

ਆਡੀਓ ਫਾਈਲ ਚਲਾਉ ਅਤੇ ਉਹ ਧੁਨੀ ਅਤੇ ਸ਼ਬਦ ਦੁਬਾਰਾ ਸੁਣੇ।

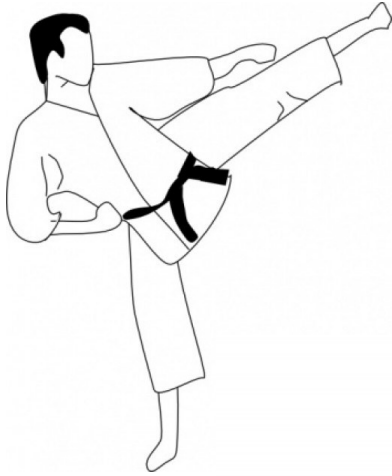
ਤਸਵੀਰਾਂ ਬਾਰੇ ਗੱਲ ਕਰਨ ਨਾਲ ਤੁਹਾਡੇ ਬੱਚੇ ਨੂੰ ਸ਼ਬਦਾਂ ਦੇ ਅਰਥ ਸਮਝਣ ਵਿੱਚ ਮਦਦ ਮਿਲੇਗੀ।

ਕਾਫੀ ਸਮਾਂ ਲੰਘਣ ਦਿਉ। ਯਕੀਨੀ ਬਣਾਉ ਕਿ ਤੁਹਾਡਾ ਬੱਚਾ ਅਗਲੇ ਸ਼ਬਦ ਲਈ ਤਿਆਰ ਹੈ।

ਥੋੜਾ ਥੋੜਾ ਹਰ ਰੋਜ਼ ਕਰਨਾ ਜਾਂ ਵੱਧ ਤੋਂ ਵੱਧ ਦਿਨ ਕਰਨਾ ਬਿਹਤਰ ਹੈ।

ਅਸੀਂ ਆਸ ਕਰਦੇ ਹਾਂ ਕਿ ਇਸ ਵਸੀਲੇ ਉੱਪਰ ਇਕੱਠੇ ਕੰਮ ਕਰਨ ਵਿੱਚ ਤੁਹਾਨੂੰ ਆਨੰਦ ਆਉਂਦਾ ਹੋਵੇਗਾ।

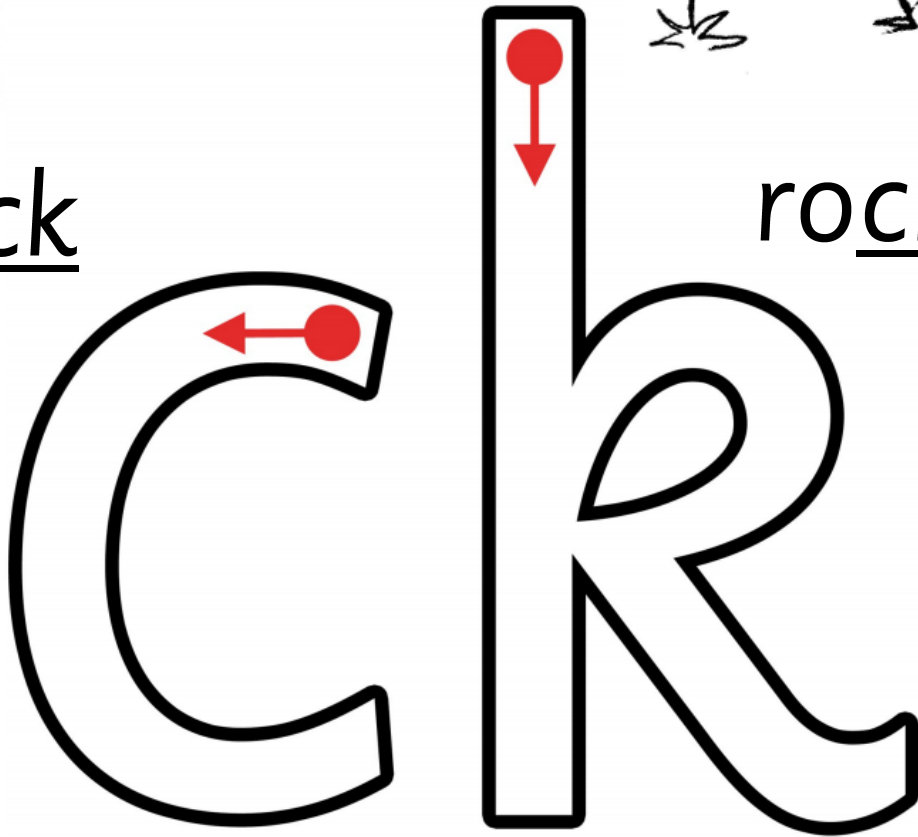
Track 2



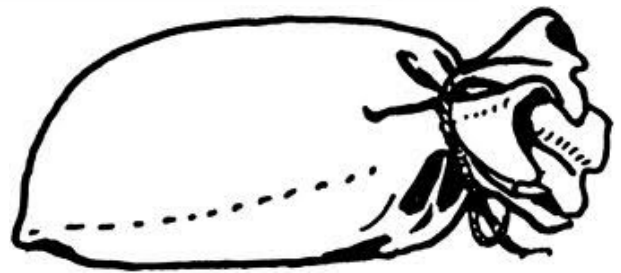
kick



rock



back



sack

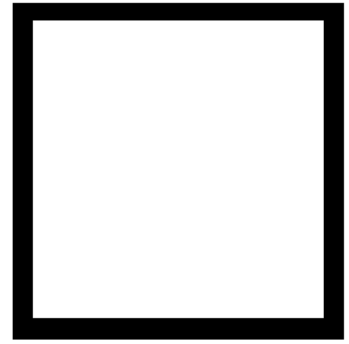
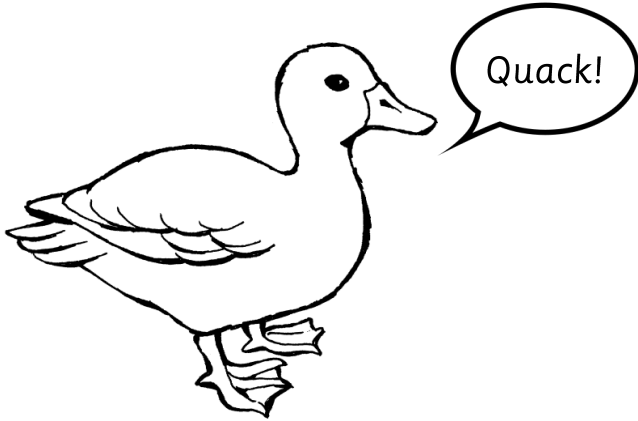
ck ck

ck ck

ck ck

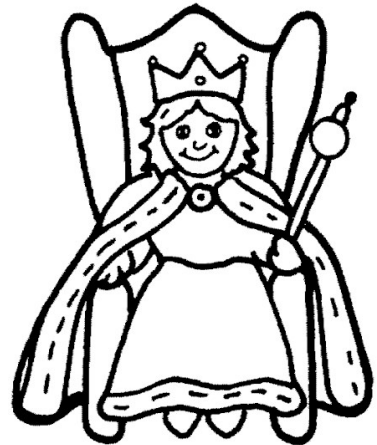
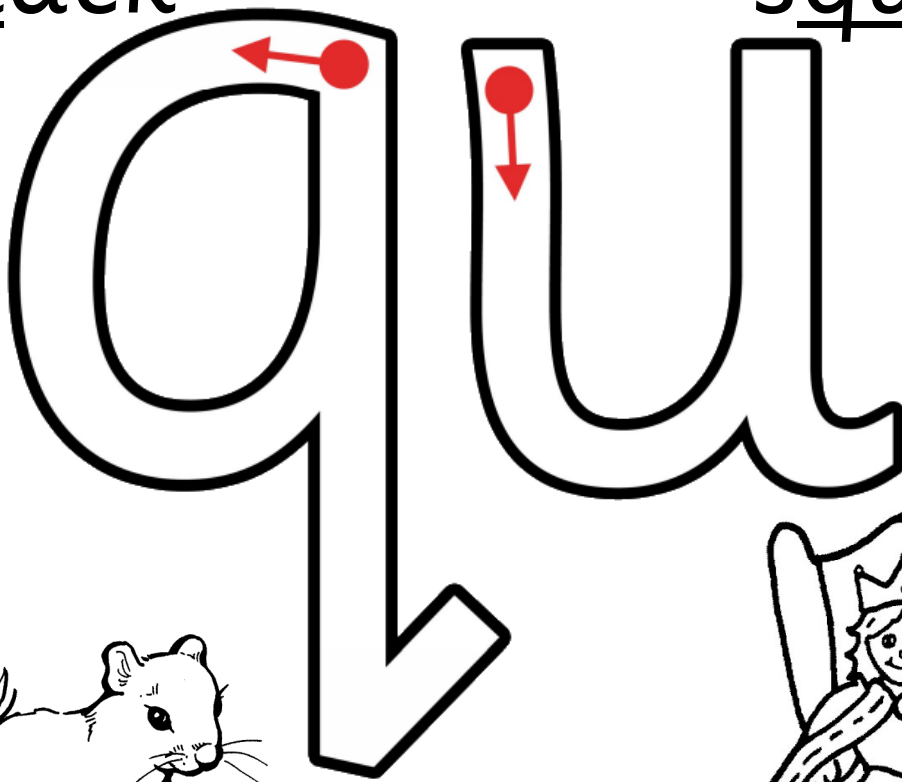
ck ck

Track 3



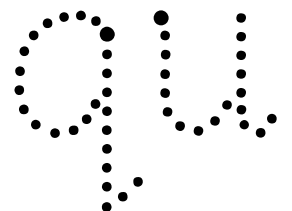
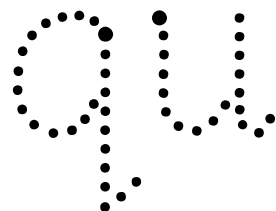
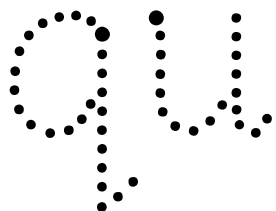
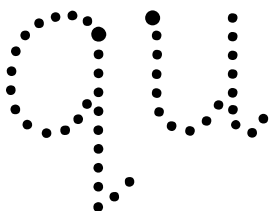
quack

square



squirrel

queen



Track 4



shed

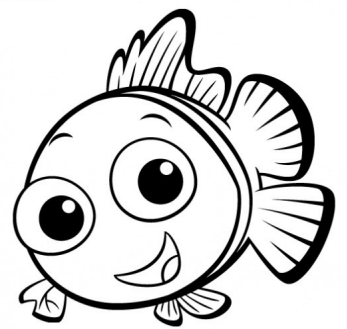


ship

sh



shish



shish

sh

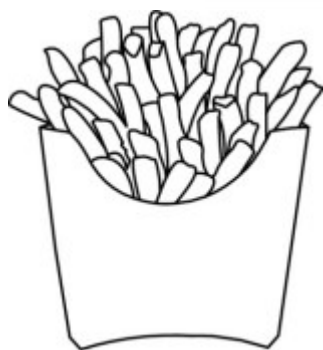
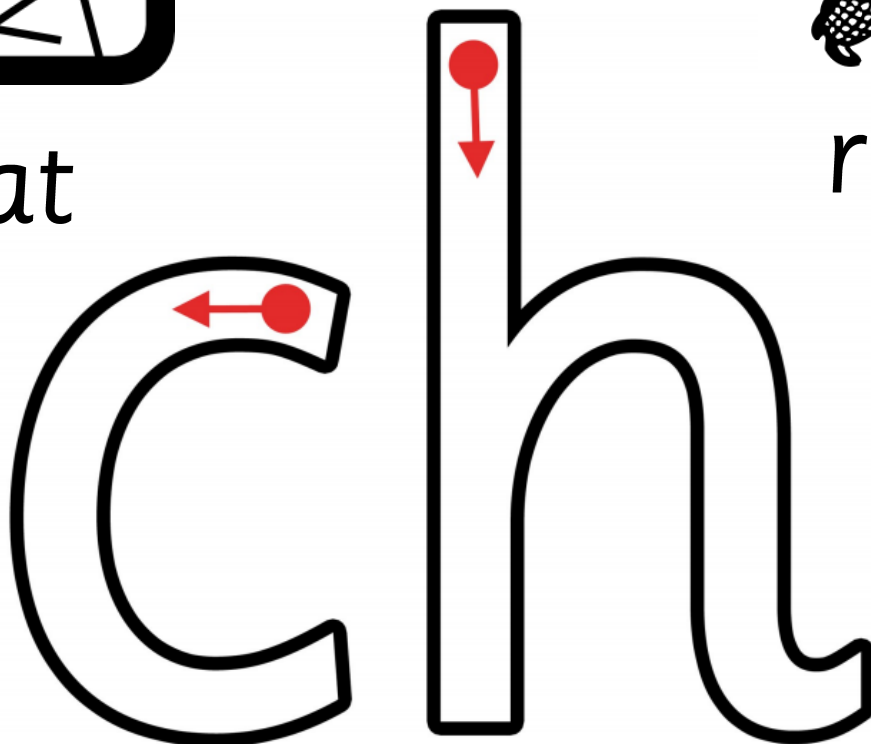
Track 5



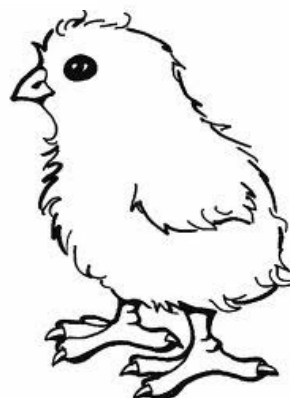
chat



rich



chips



chick

ch

ch

ch

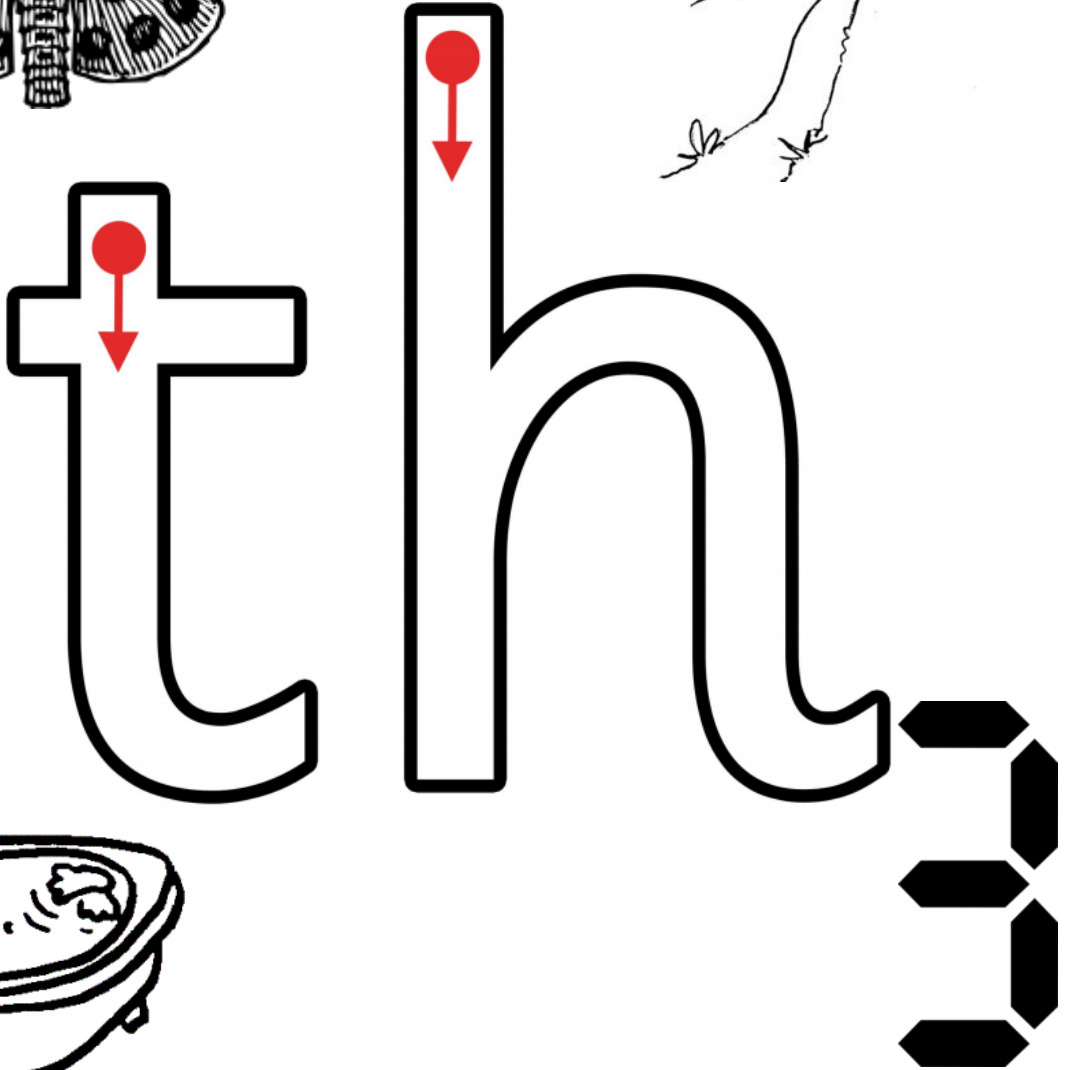
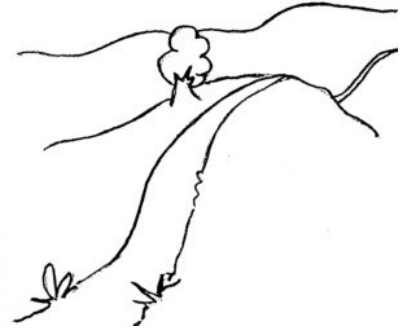
ch

Track 6

moth



path



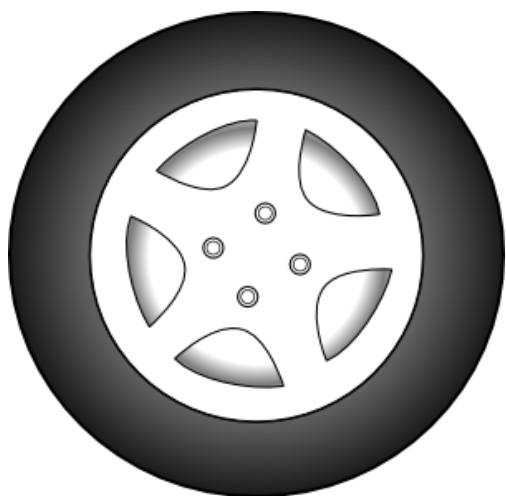
bath

three

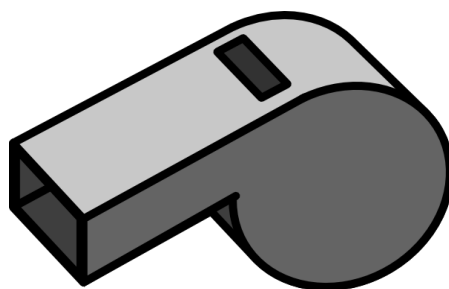
th th th th

Track 7

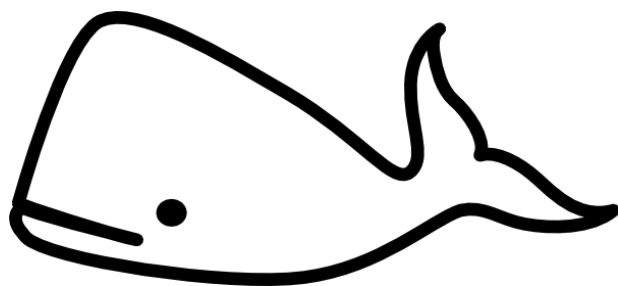
wheel



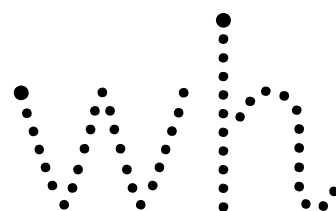
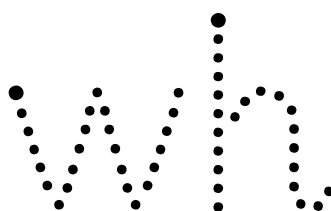
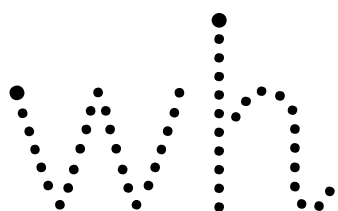
whistle



wheat



whale

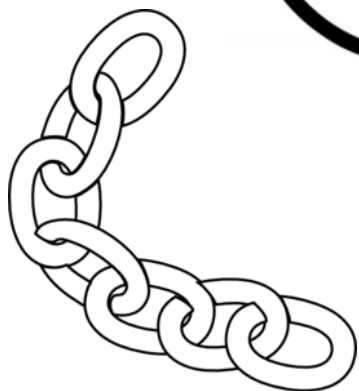
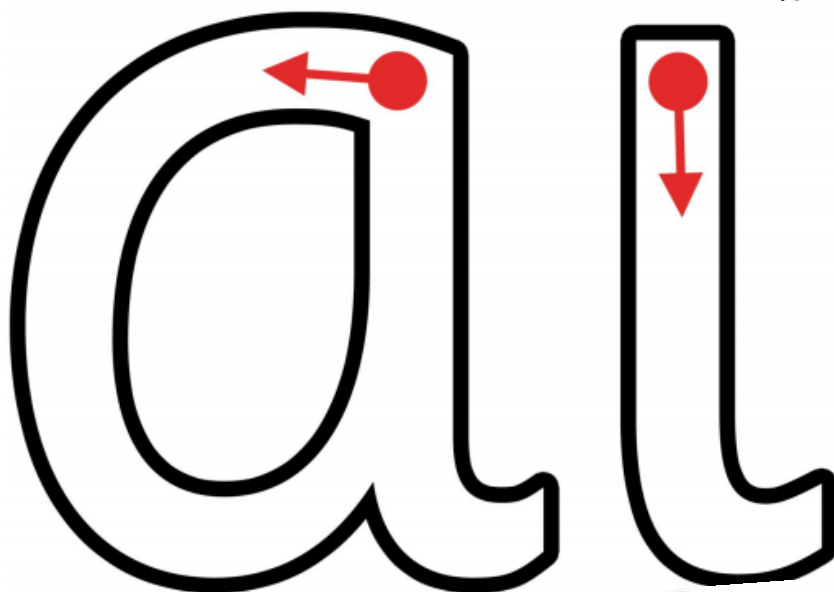
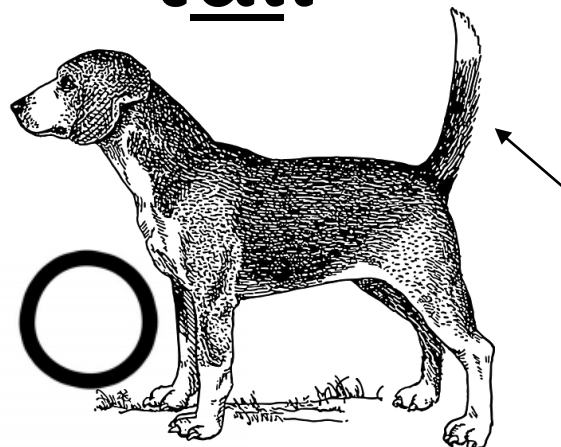


Track 8

hair



tail



chain



nail

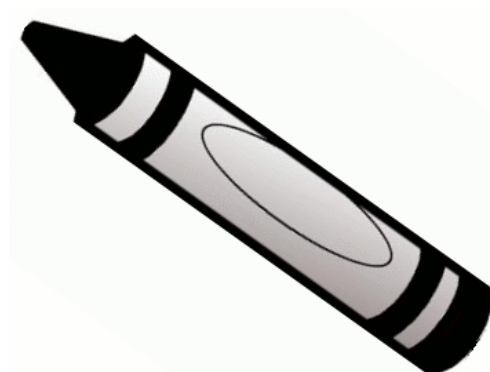
ai ai ai ai ai

Track 9

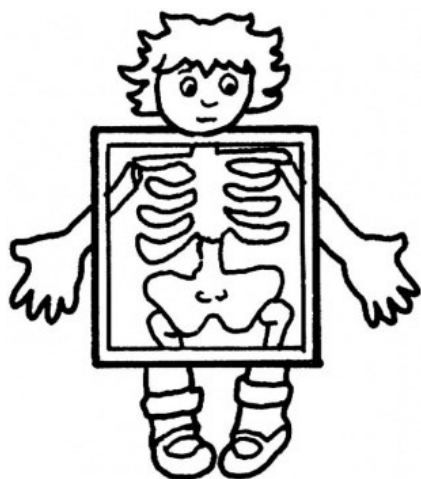
play



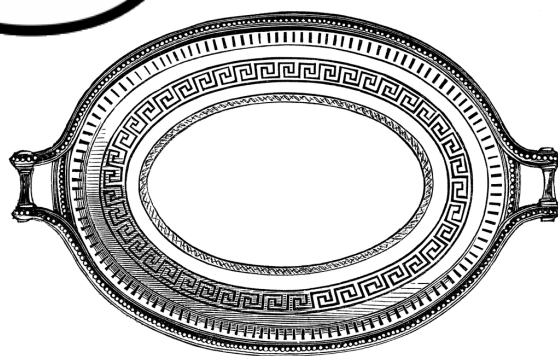
crayon



ay



x-ray

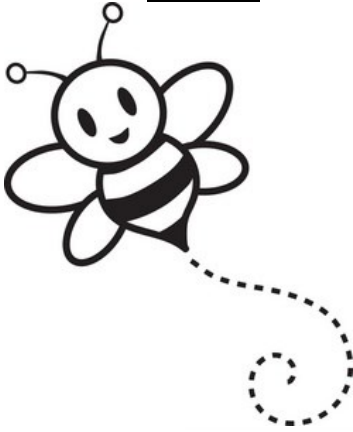


tray

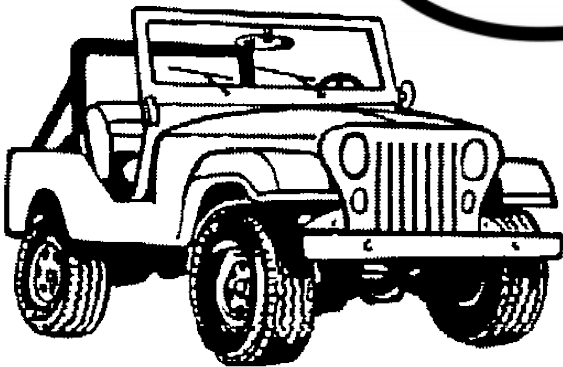
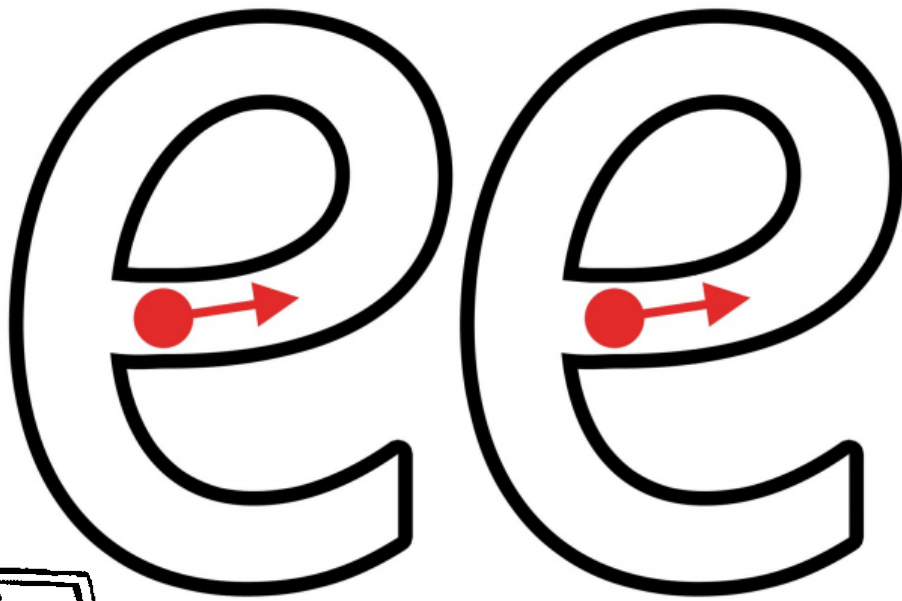
ay ay ay ay

Track 10

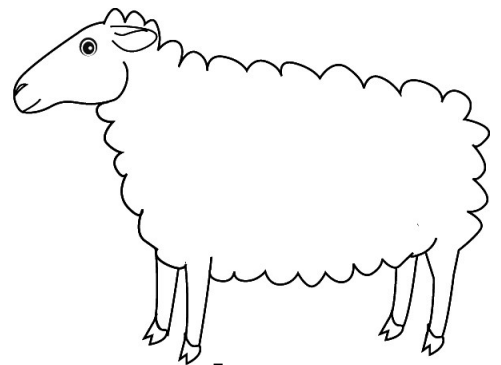
bee



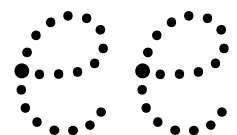
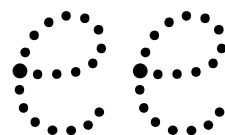
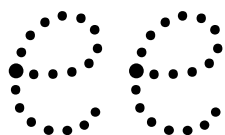
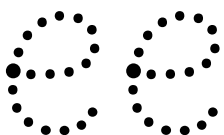
feet



jeep



sheep



Track 11

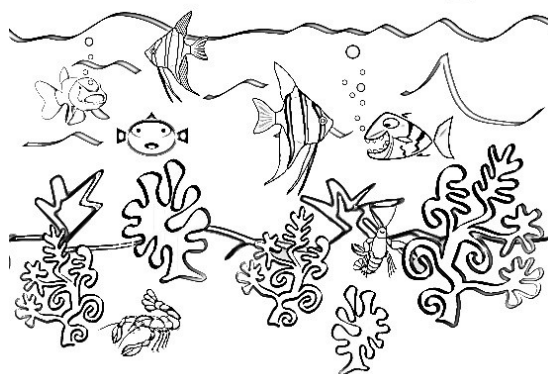
ear



tea



e a



meal

sea

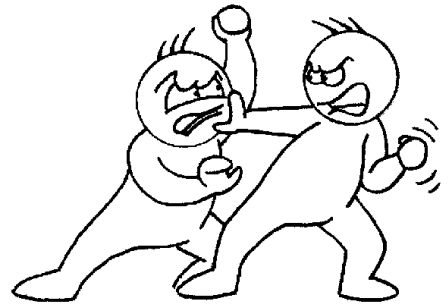
e a e a e a e a

Track 12

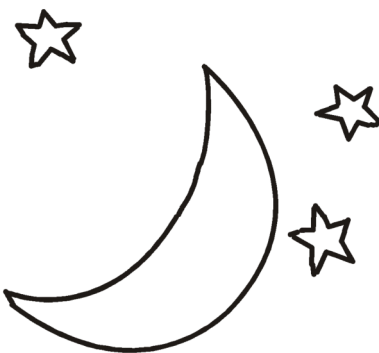
light



fight



igh



night

igh

igh

right

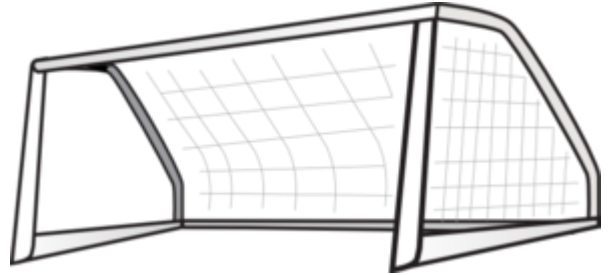
igh

Track 13

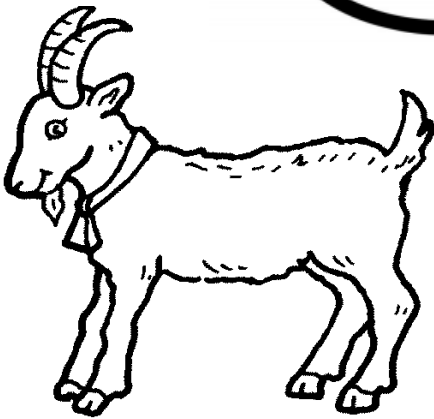
boat



goal



oo



goat



loaf

oo

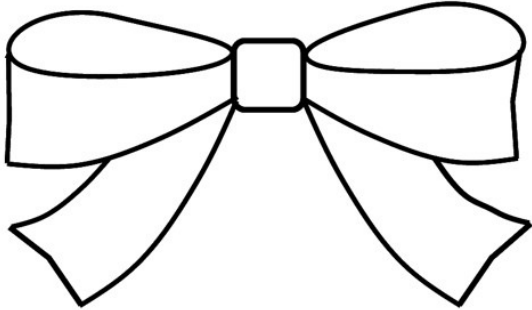
oo

oo

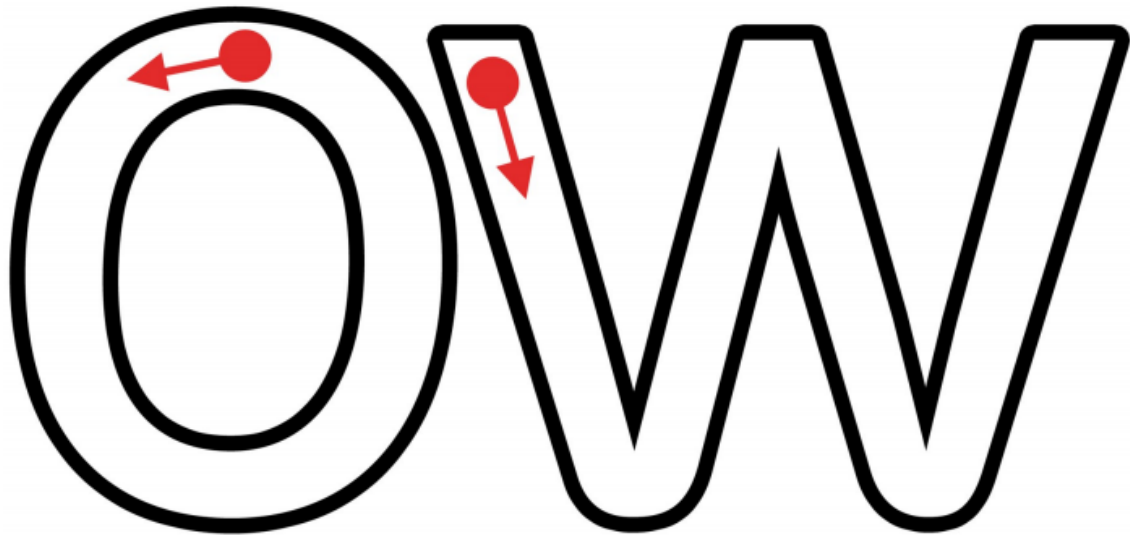
oo

Track 14

bow



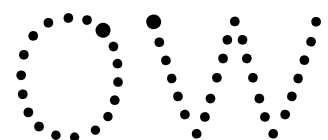
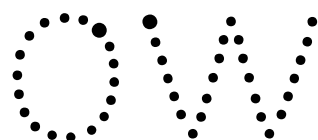
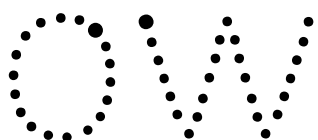
mow



row



sow

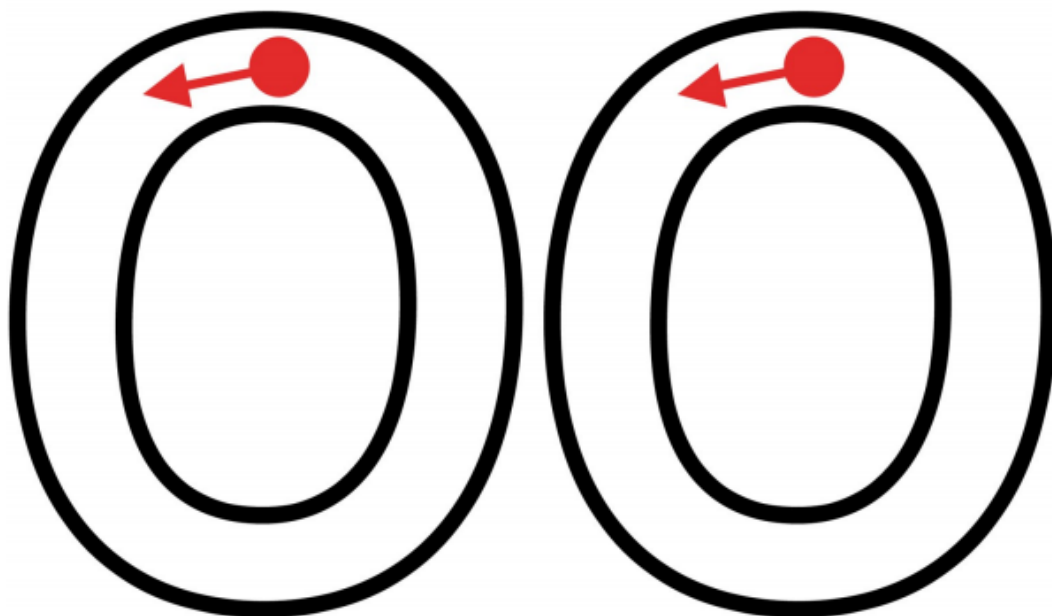


Track 15

boot



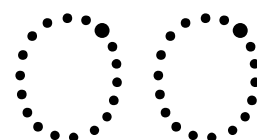
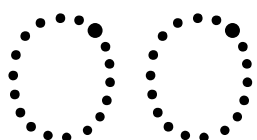
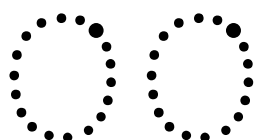
book



moon

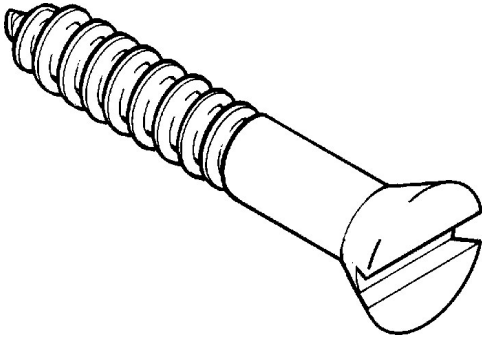


tooth

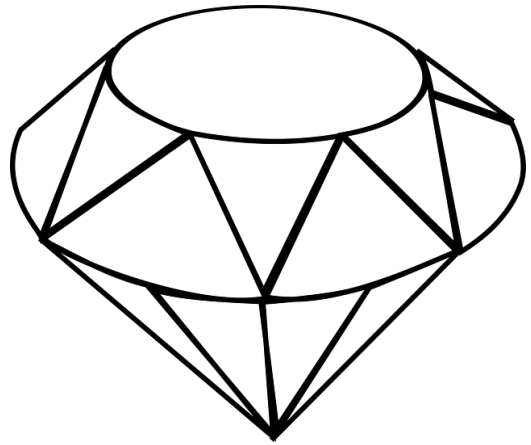


Track 16

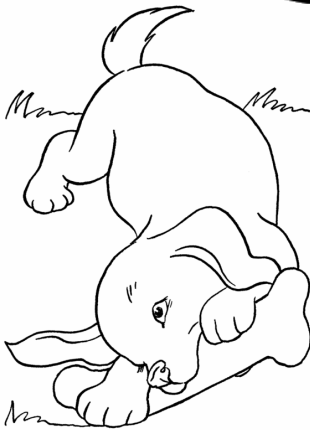
screw



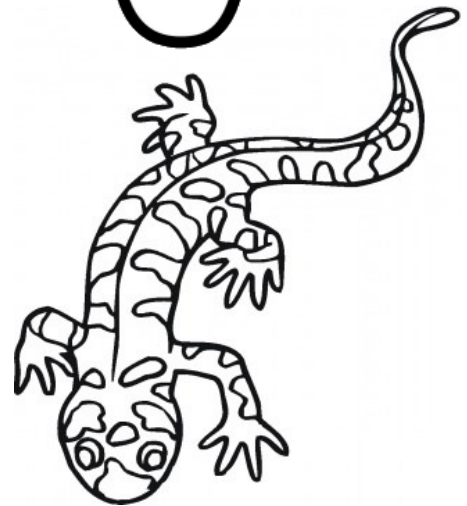
jewel



e w



chew



newt

e w

e w

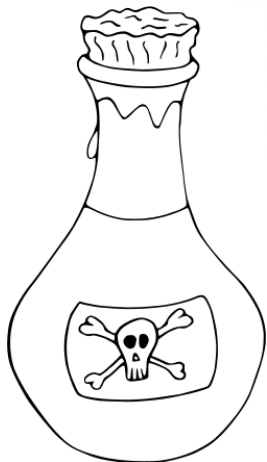
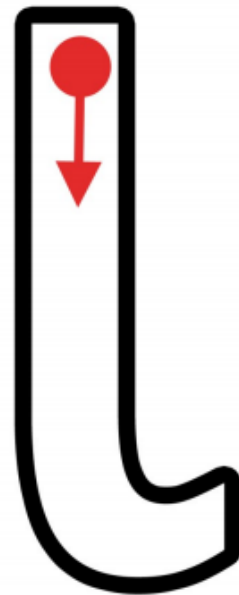
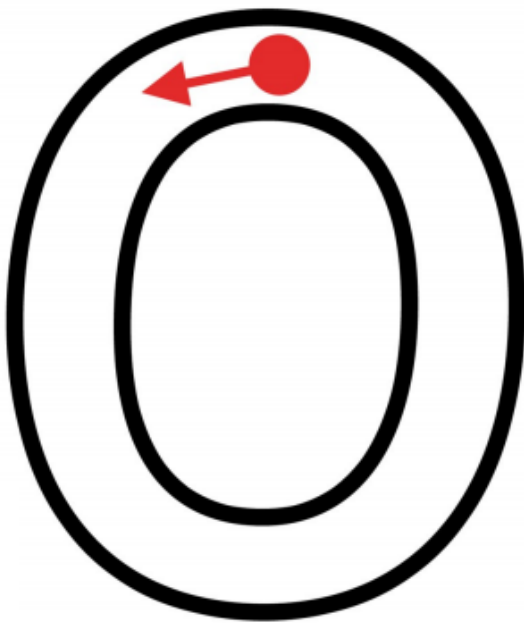
e w

Track 17

soil



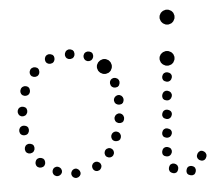
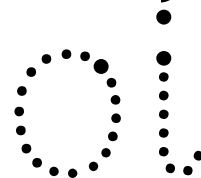
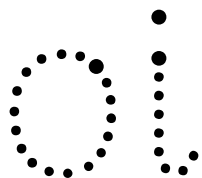
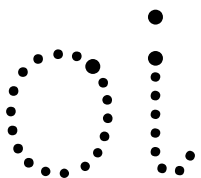
coin



poison



foil

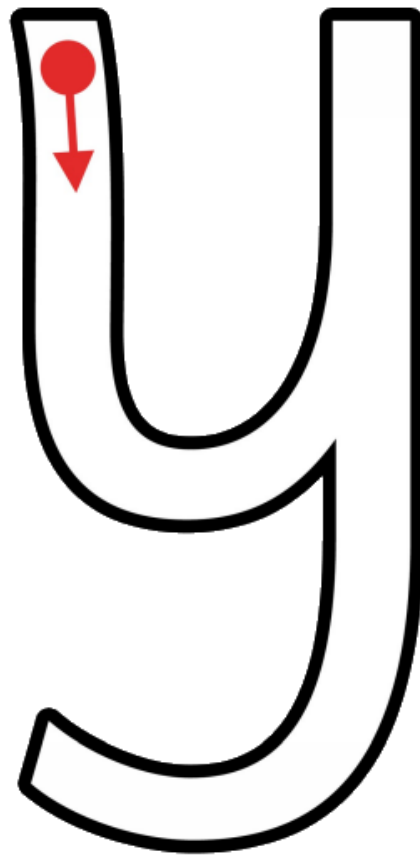
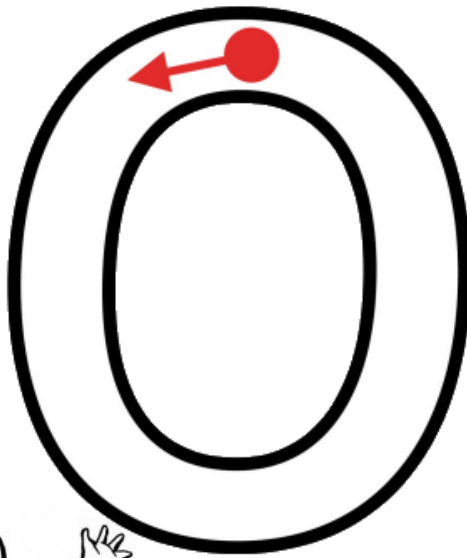
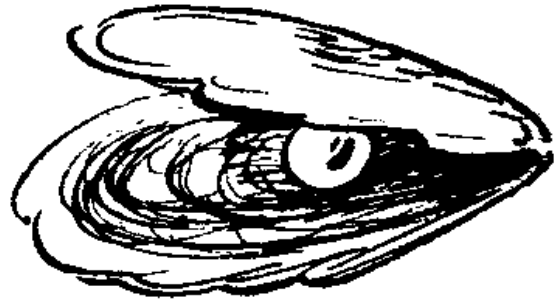


Track 18

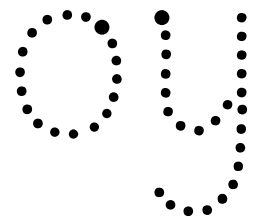
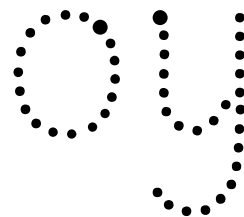
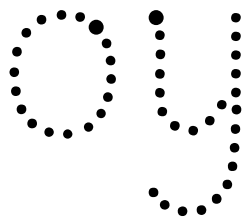
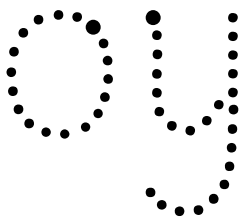
toys



oyster



boy

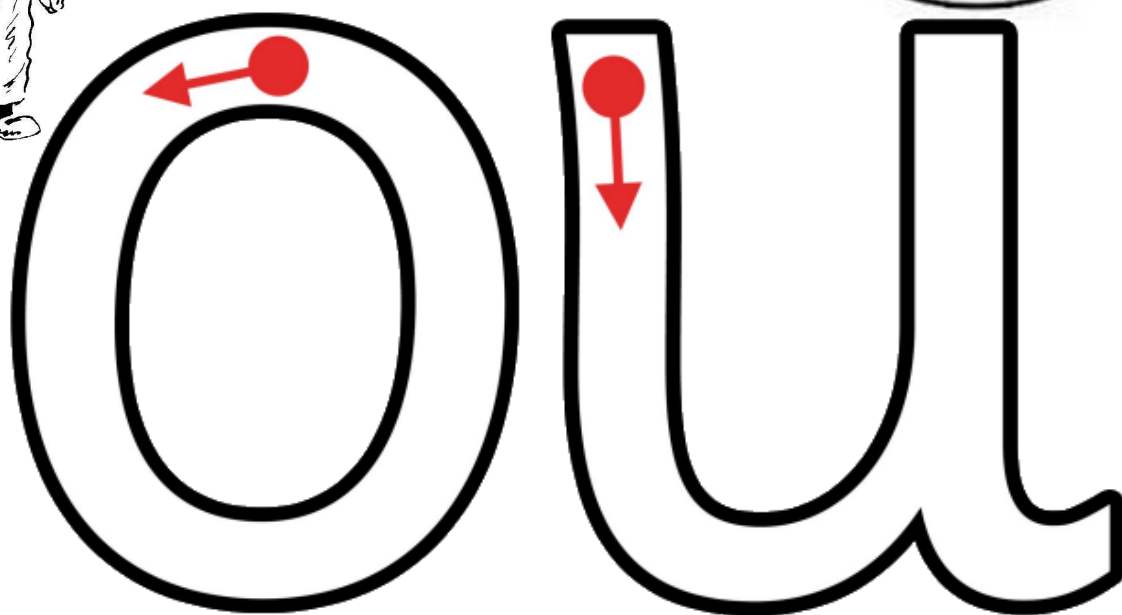


Track 19

shout



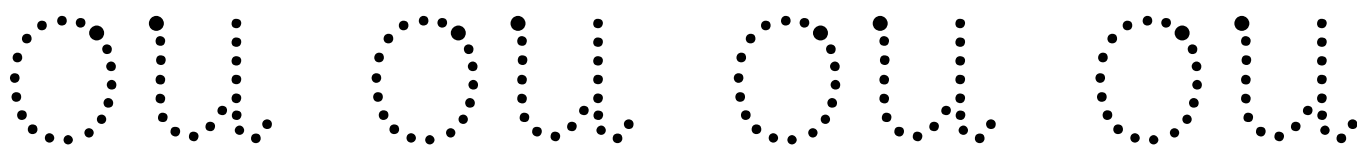
mouth



cloud

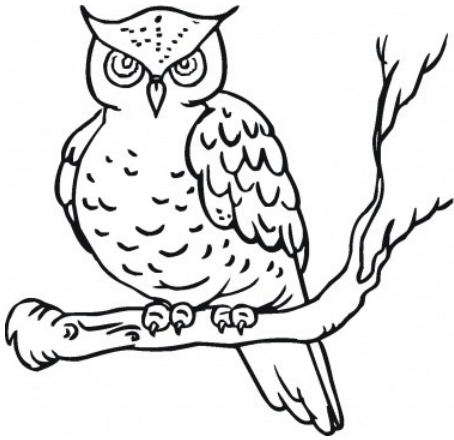


couch

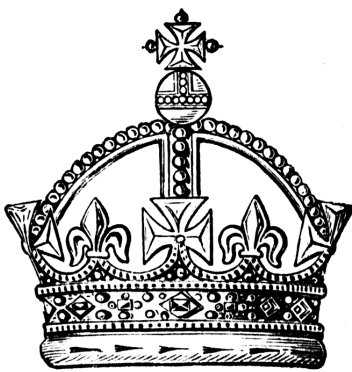
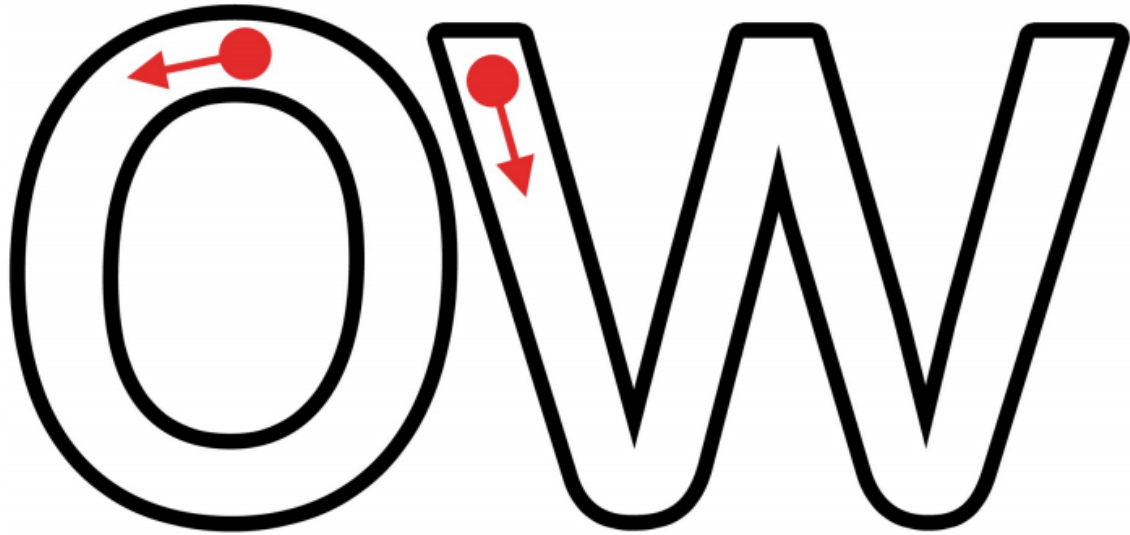
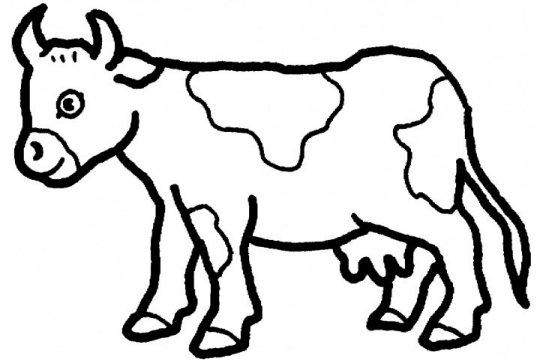


Track 20

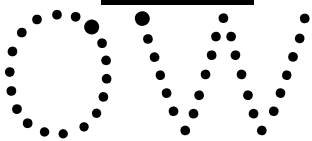
owl



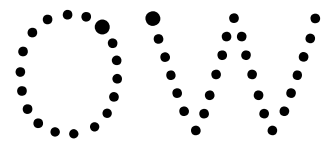
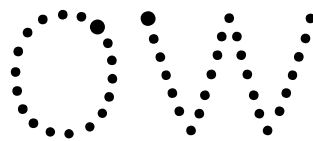
cow



crown



crowd

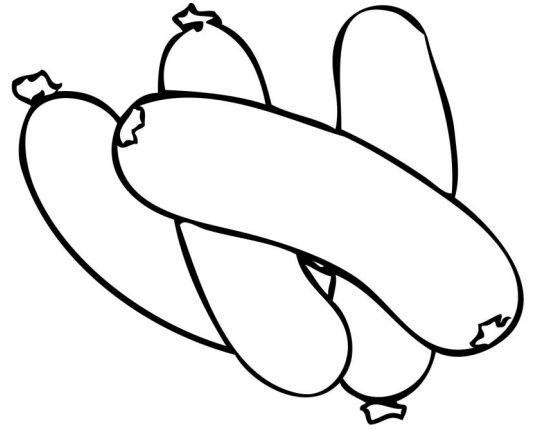


Track 21

Autumn



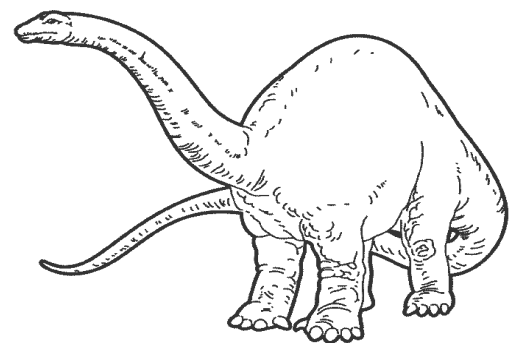
sausages



au



haunted



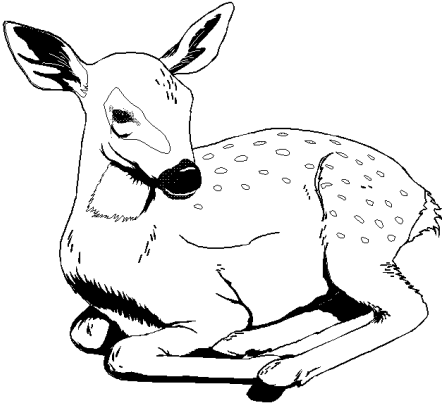
dinosaur

au

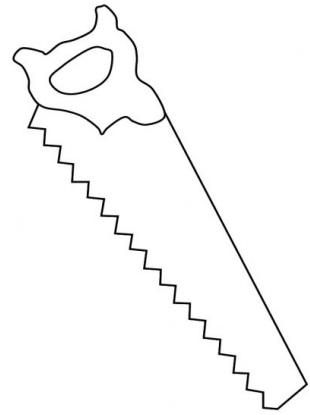
au

Track 22

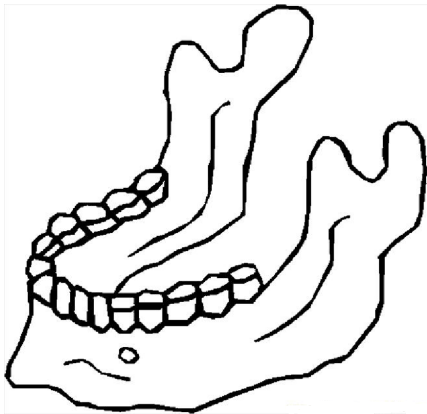
fawn



saw



aw



jaw



paw

aw

aw

aw